



TENNIS COACHING 2010

Tennis Coaching Term Dates:

- Term 1 - 1st February to 26th March (8 weeks)
- Term 2 - 12th April to 26th June (11 weeks)
- Term 3 - 12th July to 17th September (9 weeks)
- Term 4 - 4th October to 10th December (10 weeks)
- Holiday clinics may be offered during school holiday times. See website for updates.

| Coaching Program Rates: | | | |
|--|-----------------|------------------|-------------|
| Lesson Type | Duration (mins) | Price per lesson | Term 1 Cost |
| Pre-Tennis (ages 3-5) Focus on acquiring fundamental motor skills and coordination whilst introducing the very young to the world of tennis. | 30 | \$10 | \$80 |
| Hot Shots (ages 6-8) Modified tennis environment to learn the basics of how the game of tennis is played through serving and rallying. Refinement of motor skills and coordination | 30 | \$10 | \$80 |
| Beginner - Intermediate Groups Focus on technique and footwork and basic match strategy for kids involved in weekend club competition transitioning to tournament play. | 30 | \$10 | \$80 |
| | 45 | \$15 | \$120 |
| | 60 | \$20 | \$160 |
| Tournament Squad Focus on advanced technique, strength & conditioning, and match play for kids involved in OJT tournament play and Vic Pennant. | 90 | \$25 | \$200 |
| | 120 | \$30 | \$240 |
| Private Lessons (Junior or Adult) Individual programs designed to assist with technique correction, improvement of footwork for players of all levels | 30 | \$30 | \$240 |
| | 45 | \$45 | \$360 |
| | 60 | \$60 | \$480 |

- *More programs will be organised in due course and will be advertised on the website. Please check for updated program information.*

Enrolment & Payment:

- Mail:
Please fill out an Enrolment Form (available on the website) and return with your remittance to the address details below - cheques payable to 'Duncan Sillato'. Please note that a separate Enrolment Form is required for each student.
- Email:
Please send the required information to the email address below. Payment can be made by direct bank transfer. Bank details are: BSB: 06 3012 A/C: 1031 2167. Please be sure to make a separate payment for each student, including their Name & Surname as a reference.